

**London Finest Supplements**

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# Healthy Lifestyle

Edition 2

Nature's Sunshine £1

**Spirulina Superfood**  
**Daily Nutrition**  
**Solstic Energy**

**Antioxidants**  
**Heart Health**  
**Immune System**

NATURE'S SUNSHINE 

[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# Support Your Immune System

The immune system is the body's defence against germs, viruses and other invaders. This system works in partnership with other protective body systems. For example, the skin forms a physical barrier against foreign materials, while the respiratory system uses coughing to rid the body of inhaled microbes and pollutants. When foreign materials overcome the body's other protective mechanisms, the immune (defence) system begins operating.

### Defence Maintenance

Nature's Sunshine's unique key system product provides nutrients that help to maintain a healthy immune system. Defence Maintenance contains the highest quality nutrients and includes whole-food sources of micronutrients important for immune tissue. The formulation also contains many antioxidants, beneficial cruciferous vegetable powders and extra vitamins and minerals utilised by the immune system.

### Immune Formula

A blend of natural ingredients known to support a healthy immune system. It also acts as an antioxidant. This formula is a powerful combination of botanicals and nutrients which helps maintain a healthy immune system thereby keeping the body strong and protected against enemy attack.

### High Potency Garlic

Nature's Sunshine offers you the finest and most potent garlic on the market with a special coating that helps control the garlic's odour, and give each tablet of High-Potency Garlic a special 'locked-in freshness'.

High Potency Garlic contains chlorophyll, which controls odour while assuring a long, effective shelf-life, and because the tablet does not break down for absorption until it reaches the small intestine, you receive the full nutritional value of garlic without the undesirable taste. Nature's Sunshine's High-Potency Garlic is valued above all others for its great potency and superb quality. One 400mg tablet equals 1,200mg of fresh garlic, roughly equal to one clove.

*Suitable for vegetarians.*



### Super Supplemental Vitamins & Minerals

For complete, balanced nutrition, offering 100% or more of most vitamins and generous amounts of the highest quality minerals.

Provides 100% of the recommended daily requirements of most vitamins and contains a full complement of minerals to maintain a healthy body. Supplies the body with micronutrients from superfoods and contains important carotenoid antioxidants, lutein and lycopene that support tissues throughout the body.



### Antioxidant Arsenal

Every moment of every day, your body is fighting a battle against an army of cell-damaging substances known as free radicals. Pollution, chemical additives, stress, sunlight and other factors produce or trigger these destabilising molecules.

Antioxidants are enzymes or other organic substances that quench or neutralise the effects of excess free radicals. Antioxidant Arsenal is a complete 28 day supply of a synergistic combination of powerful antioxidants. Each daily dose comes in a separate sealed pack which is so convenient to put in your pocket or handbag, and it's especially handy when travelling.

Each packet of Antioxidant Arsenal contains; 1 tablet of 15mg beta-carotene, 1 tablet of 15mg zinc, 1 tablet vitamin C 500mg with citrus bioflavonoids, 1 capsule supplying 400IU (268mg) natural vitamin E and 25µg selenium, and 2 tablets supplying 30mg of proanthocyanidins derived from maritime pine bark and grape seed combined with 30mg vitamin C.



Order stock code 4033  
Antioxidant Arsenal (28 pack)

Order stock codes

4700 Defence Maintenance (120)

292 Garlic High Potency (60)

1839 Immune Formula (90)

1817 Super Supplemental (120)

[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# A Powerhouse of Antioxidants

**ZAMBROZA** is a unique and powerful blend of juices that are naturally rich in antioxidants and specially formulated to neutralise free radicals.

**Not only will you feel revitalised but these antioxidants have a powerful effect on the health of the skin helping you to look great too.**

After careful research and testing, our scientists found ten elite, nutrient rich foods, highly regarded for their amazing nutritional value. From these foods they created a unique juice blend that not only tastes great but gives your body what it needs to enjoy maximum health and long lasting vitality.

### MANGOSTEEN

Mangosteen is one of Zambroza's special ingredients, and Mangosteen contains the highest known level of xanthenes, a family of plant nutrients which are very powerful antioxidants.

Mangosteen fruit has been a health secret in Thailand for years where it is considered, by many traditional healers, to provide significant health benefits. Mangosteen is one of ten powerful ingredients in Zambroza and together make this unique nutritious drink the most powerful antioxidant supplement available.

#### Zambroza's synergistic blend of ten powerful ingredients include:

- Mangosteen
- Apple Extract
- Raspberry
- Grape Seed
- Green Tea
- Wolfberry
- Blueberry
- Concord Grape
- Grape Skin
- Red Berry

**ZAMBROZA** is a powerhouse of antioxidants that help the body fight the effects of ageing, caused by excess free radicals, it restores energy levels, helps maintain healthy cell growth and maintains a healthy immune system.

Zambroza helps to:

- Increase vital energy.
- Maintain a healthy immune system.
- Protect the body from excess free radicals.
- Replenish the body.
- Neutralise free radicals.
- Support the immune system.
- Supply powerful nutrients that give the body energy and vitality.



**Brunswick Laboratories, studied Zambroza to certify its exceptional product quality.**

The Brunswick Lab's certification seal is a 'visible symbol of antioxidant quality', says Brunswick founder and Chairman Jim Nichols.

ORAC (Oxygen Radical Absorption Capacity) is a measurement that calculates the product's ability to neutralise and 'mop up' free radicals.

Independent Clinical Research shows Zambroza has a significantly higher ability to neutralise free radicals compared to competitor products, proving its superior protective properties.

Take 15ml of Zambroza twice daily. May be mixed with water. Order stock code: 4098 Zambroza (458ml), 4099 Zambroza pack of four.



[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# The Cardiovascular System

Cardiovascular disease is a group of conditions that includes stroke and heart disease, that kills one in three people in the UK. While some contributing factors can't be altered, we can change our lifestyle.

Heart disease is a huge problem in the UK with millions of us at risk of developing it within the next 10 years. But the good news is that there's a lot you can do to look after your heart.

There are lots of lifestyle factors that can increase the risk of heart disease:

- **Smoking** causes around one in three heart attacks and can increase your risk of developing heart disease by up to 80%.
- **Diet** - A diet high in fats and salt and low in fruit and vegetables increases the risk of heart disease.
- **Exercise** - only one in three men and one in four women in the UK actually get the exercise they need every week.
- **Cholesterol** - Two in three people in the UK have raised cholesterol levels which puts them at more risk of heart disease.

### MEGA-CHEL

Mega-Chel is a key system product that contains a large array of nutrients for the circulatory system. Mega-Chel supports the body with 20 essential vitamins and minerals, and contains chelated nutrients that are easy for the body to assimilate. It is specifically formulated for the circulatory system and glandular systems, and neutralises free radicals. Each tablet is yeast free and contains natural forms of nutrients for increased assimilation.



### OMEGA 3-EPA

Omega-3 essential fatty acids are necessary for maintaining a healthy heart and cardiovascular system. EPA's help produce prostaglandins; hormone-like compounds that help to regulate heart rate, blood pressure and blood clotting, and play an important role in the life and death of cardiac cells.

Omega-3 EPA is a classification of certain kinds of fatty acids that result from the breakdown of dietary fats in the body. They are used to form membranes surrounding each of our trillions of cells.

Nature's Sunshine's Omega 3 EPA contains both EPA 180mg and DHA 120mg, which improves the effectiveness of the product. This formula contains natural d alpha tocopherol acetate (vitamin E) to help preserve freshness.

It helps the body maintain a healthy cardiovascular system and provides building blocks for healthy skin and cell membranes throughout the body. Sources for these fish oils are the flesh of oily fish such as salmon and mackerel.

*This product does not contain fish liver oils.*

### HAWTHORN BERRIES EXTRACT

Hawthorn is especially popular in Europe, where the berries' effects on the circulatory system have been researched. It is used in a number of herbal tinctures, herbal combinations and teas. The berries should be taken over a period of time for their full nutritional benefits to be realised. They contain vitamins C and B complex, crataegin, carotene and flavonoids.



Liquid extracts are rapidly assimilated by the body and can be mixed in liquid or taken directly under the tongue.

### CHOLESTER-REG II

**Cholester-Reg II** is a combination of policosanol, phytosterol (plant sterols), inositol nicotinate (a form of niacin), resveratrol and artichoke powder that offers a host of benefits to the heart, the circulatory system and cholesterol levels. *Do not take if pregnant. Consult your health care professional if you are currently taking any cholesterol lowering agents. Take 1 capsule with a meal three times daily.*

Order stock codes:

1821 Mega-Chel (180)

1609 Omega-3 EPA (60)

557 Cholester-Reg II (90)

1760 Hawthorn Berries Extract (59ml) ✓

*Mega-Chel contains vitamin A. Do not take if you are pregnant, or likely to become pregnant except on the advice of a doctor or ante-natal clinic.*

[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

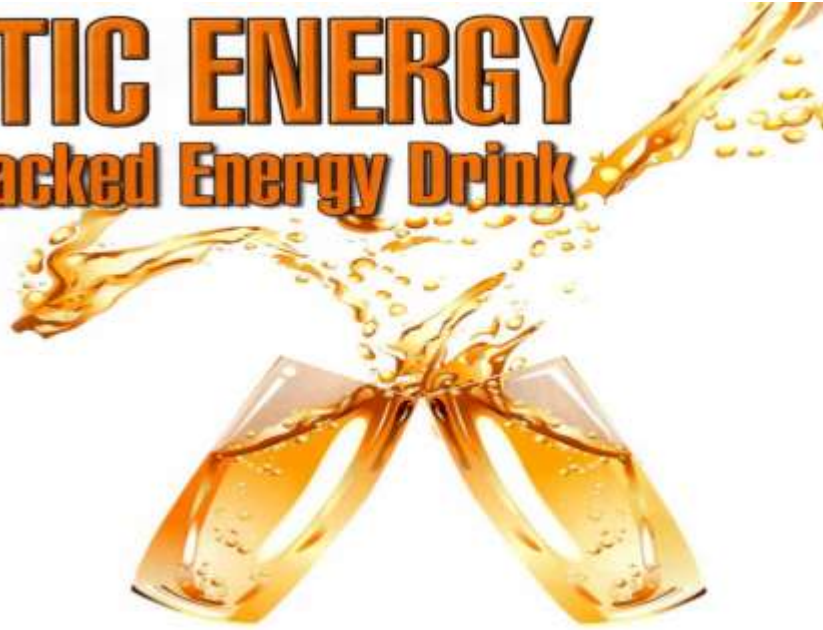
## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**



# SOLSTIC ENERGY

## Power Packed Energy Drink



### WHY CHOOSE SOLSTIC ENERGY?

Many energy drinks work by overloading your body's system with sugar and processed caffeine. With coffee, tea, colas, and energy drinks, you'll see a tremendous, short-lived boost in energy followed by a significant 'crash' as your body burns through these substances. Solstic's blend of natural, energy-releasing ingredients gives added stamina without added risk.

### EFFECTIVE ENERGY - NOW & LATER

**Solstic Energy offers you a remarkable taste, packs tremendous energy and delivers vitality!** Solstic Energy offers a nutrient-rich formula providing an effective energy source without the unwanted jitters and crashes of other energy drinks because of its power-packed ingredients. So you'll have the energy you need now and later.

### PORTABLE ENERGY FOR ACTIVE LIVES!

**Whether you run, cycle, play or simply work a full day, the game of life demands that you keep up.** Solstic Energy provides an excellent range of B Vitamins, has no pharmaceutical grade caffeine and has a low Glycaemic Index. Each serving of Solstic Energy contains only 3g of Carbohydrates, 12 calories & no fat.

### SOLSTIC, PURE NATURAL INGREDIENTS

- **Yerba Mate**, a powerful herb that has been used for thousands of years to increase endurance and give the body long-lasting energy.
- **Green tea extracts**, rich in properties that help increase calorie and fat metabolism, which creates energy.
- **Guarana Seed**, containing naturally occurring caffeine that is absorbed more slowly than other forms of caffeine.
- **B Vitamins**, the most important vitamins for giving you the energy you need to work all day. Helps energy release from carbohydrates, the main source of fuel for the body.

Order stock codes:  
6501 Solstic Energy (30 sachets)  
9684 Solstic 4 pack (120 sachets)  
4300 TNT (532g)

Solstic's delicious and healthy energy drink is created with you in mind. Whether you're 18 or 80, Solstic gives your body exactly what it needs.

Solstic Energy gives you energy on the go, wherever and whenever you need it. A great alternative to fizzy energy drinks or coffee, and it supports the body's natural energy processes. Convenient and easy to use, simply add to 500ml of water.

### Super Energy Boost!

Here's a great tip for maximising energy. Simply add one sachet of Solstic and one serving of TNT to water and shake, for a powerful high energy drink crammed with carbohydrate energy and fibre.

**It's a power packed combination that provides you with maximum energy with an excellent range of B vitamins in one convenient great tasting drink.**



[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# Spirulina, Nature's Superfood

Spirulina is a blue-green algae that grows in warm, alkaline fresh waters around the world. It is one of the few plant sources of vitamin B12, and is rich in protein, vitamins, minerals, and antioxidants. It contains nutrients, including B complex vitamins, beta-carotene, vitamin E, manganese, zinc, copper, iron, selenium, and gamma linolenic acid (an essential fatty acid).

### CHLOROPHYLL

Spirulina algae is a deep blue-green colour. The green pigment is caused by chlorophyll, which is sometimes called 'green blood' because it is so similar to haemoglobin. The blue pigment is phycocyanin, a powerful super-antioxidant which is related to the human pigment bilirubin. Bilirubin is important to healthy liver function and the digestion of amino acids.

### COMPLETE FOOD SOURCE

This 'superfood' has an amazing array of nutrients, and the highest protein content of any natural food. It is a source of eight essential amino acids, as well as minerals, natural plant sugars, trace minerals and enzymes.

Spirulina is recognised to be the most complete food source known; no other food contains as many nutrients as spirulina. It is especially rich in vitamin E, vitamin C, beta carotene and B complex, including B-12 (not found in plant foods), and chlorophyll. Spirulina is also rich in essential fatty acids, carotenoids and a full spectrum of minerals like calcium, iron, magnesium, manganese, potassium and zinc.

- Spirulina contains 60-70% protein, compared to white fish which has 25% protein, chicken (25-30%) or lean beef (23%).
- Spirulina is the richest wholefood source of Vitamin B12, and nature's richest wholefood source of Vitamin E.
- Spirulina contains 100 times more Beta Carotene than papaya and 25 times more than carrots.
- The oils in Spirulina contain 3 times the amount of GLA than Evening Primrose Oil.
- Spirulina contains 58 times more Iron than spinach and is 28 times richer in Iron than raw beef liver.

### ALKALIZING

As with all green foods, Spirulina has powerful alkalising properties. And as many of our modern diets contain foods that are high in acidity it is important to include many alkaline forming foods in our diet to counter balance an acidic body pH. The human body and immune system thrives in an overall alkaline environment.

### ANTIOXIDANTS

Spirulina nutrition imparts a large array of antioxidants such as beta-carotene, vitamin E, chlorophyll, zeaxanthin, superoxide dismutase (SOD), and phycocyanin, which help keep our cells free from damage caused by the presence of free radicals.

### ESSENTIAL FATTY ACIDS

Spirulina is an amazing concentrated source of nutrients that is only 7% fat, and most of that is in the form of essential fatty acids.

Essential fatty acids help break up cholesterol in the bloodstream and affect the health of hair, skin, and nails.



*Nature's Sunshine's Spirulina is a source of all eight essential amino acids, as well as minerals, natural plant sugars, trace minerals and enzymes. Spirulina is 65-71% complete protein, compared to beef's 22% protein and is easily assimilated by the body. It contains potassium, calcium, zinc, magnesium, manganese, selenium, iron and phosphorus. It is also rich in chlorophyll. Each capsule contains 400mg of 100% blue-green microalgae.*

Order stock code: 681 Spirulina.



[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# Complete Care For Your Hair...

Stress, poor diet, pollution and over exposure to the sun are all day to day factors that can contribute to your hair becoming damaged and lifeless.

The health of the hair depends on the circulation to the root and the amount of nutrients present in the blood. Hair is composed of protein and minerals and requires a healthy balance of nutrients for proper nourishment.

### Horsetail & Rosemary

Horsetail & Rosemary is a herbal combination that provides nutrients for the hair, skin and nails. It contains dulse plant, a red seaweed and one of the richest sources of iron. Horsetail herb is rich in silica which is known to improve the health of hair and fingernails. It contains Rosemary leaves, and Sage leaves - a rich source of Vitamins A & B1, calcium, magnesium, potassium and zinc. These botanicals provide significant amounts of herbal silicon (27.9mg per 100 grams).



*As reported by the National Research Council, silicon deficiency leads to structural abnormalities of the long bones and skull in chickens, leading researchers to conclude it is important to the human structural system. Silicon is also important to the proper utilisation of calcium, a key mineral for the structural system.*

Order stock code:  
935 Horsetail & Rosemary

Natria Shampoo and Conditioner contains unique NatriSpheres™ which are filled with a powerful reparative complex. NatriSpheres™ are naturally attracted to the most damaged areas of the hair where they remain attached for hours, even after rinsing, drying and styling. NatriSpheres™ work throughout the day breaking open and releasing their reparative complexes onto the hair.



A wholesome blend of vitamins strengthens hair and provides reinforcement against harmful environmental elements.

NatriaSpheres technology release active contents that help repair and prevent damage. Your hair shines with restored health.

**Natria Restoring Shampoo** gently and effectively cleanses while enhancing and preserving hair's healthy appearance.

**Restoring Shampoo** contains plant-derived cleansers with the revitalising benefits of pure botanical extracts to improve the appearance and manageability of your hair. A wholesome blend of vitamins strengthens hair and provides reinforcement against harmful environmental elements.

**Natria Restructuring Conditioner** contains hydrating herbal extracts and fortifying vitamins to help keep your hair in luxurious condition.

NatriSpheres technology targets split ends repairing damage. Over time they release an advanced hair repair complex directly onto the hair. The beneficial ingredients build a defence against the environment, and work throughout the day to nourish the hair leaving it soft and healthy looking.

Restructuring Conditioner protects and strengthens while returning natural lustre and shine to your hair. Hydrating herbal and botanical extracts, and fortifying vitamins envelop stressed, overworked hair in luxurious conditioning.

Order stock codes:  
6030 Natria Restoring Shampoo (240ml)  
6031 Natria Restructuring Conditioner (240ml)



[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# Nourish Your Nervous System

Stress is a factor in every life, and the degree to which it affects us negatively is largely determined by how we react to the stresses around us. Prolonged emotional stress can lead to a breakdown of health. Stress can also increase the need for certain nutrients, since it alters our metabolic process.

## B- Complex Vitamins

Stress is closely related to nutrition. The fight-or-flight response increases the metabolic process, which in turn increases the need for certain vitamins, particularly the water-soluble vitamins that must be replenished on a daily basis. This is why the B-complex and C vitamins are the core of all vitamin supplements which help maintain the healthy nervous systems.

## REACH FOR NUTRI-CALM

During times of pressure, the nervous system uses extra B-complex vitamins and vitamin C. Nutri-Calm is a key product designed to maintain a healthy nervous system during challenging times.

Nutri-Calm provides generous amounts of these nutrients along with the herb chamomile which herbalists recommend for its ability to soothe, and help to maintain a healthy nervous system. It provides nutrients for the nervous system and brain. It helps settle when life becomes too much of a challenge and helps replenish vitamins that are often depleted during times of stress.

Order stock code: 4798 Nutri-Calm.

## BRAIN PROTEX

Brain-Protex with Huperzine, a perfect supplement for health, is designed to neutralise free radicals and is especially helpful for people over 50 years of age.

Brain-Protex contains the herb ginkgo biloba, along with a blend of phosphatidyl serine, choline, ethanolamine and inositol, as well as the powerful antioxidants lycopene and alpha lipoic acid. It also contains rhododendron caucasicum, a potent free radical quencher.

Order stock code: 3114 Brain Protex with Huperzine.

## LECITHIN

Lecithin is a fat-like substance called a phospholipid. It is produced daily by the liver if the diet is adequate. Lecithin is needed by every cell in the body and is a key building block of cell membranes; without it, they would harden.

Lecithin protects cells from oxidation and largely comprises the protective sheaths surrounding the nerves in the brain and nervous system. It is composed mostly of B vitamins, phosphoric acid, choline, linoleic acid and inositol. Although it is a fatty substance, it is also a fat emulsifier. Hence, it supports the circulatory system.

Nature's Sunshine's Lecithin is derived from soya beans and is hermetically sealed in capsules.

Each capsule contains 520mg. No carrier has been added, and freshness is guaranteed.

Order stock code: 1660 Lecithin.



[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**

# Maintaining Good Health... With Daily Nutrition

Many causes of death, including heart disease, are largely preventable with a healthy diet and lifestyle. It is vitally important to be proactive with your health and to not wait until you develop a health problem, after all your first symptom of ill health, like a heart attack, could be your last one. Remember the old adage 'prevention is better than cure'.

**FIBRE: TNT** is a high fibre supplement that contains a balance of 18 different sources of fibre plus an array of 12 vitamins, 11 minerals and antioxidants. TNT is a great tasting orange flavoured drink mix that helps you get the vitamins, minerals and fibre you need daily. TNT has no added sugars and only contains natural fruit sugar.

Order Stock Code: 4300

**MULTI VITAMINS: Super Supplemental** provides a comprehensive array of 35 vitamins and minerals to bridge the nutritional gaps in your diet. Super Supplemental provides 100% of the recommended daily requirements of most vitamins and a full complement of minerals. Made from natural ingredients and contain no artificial colours, sweeteners or additives.

Order Stock Code: 1817

**OMEGA 3: Omega-3 EPA** is a classification of certain kinds of fatty acids that result from the breakdown of dietary fats in the body. Omega 3 EPA is high in Essential Fatty Acids that help the body maintain a healthy cardiovascular system and provide building blocks for healthy skin and cell membranes throughout the body.

Order Stock Code: 1609

**ENZYMES: Proactazyme** contains a spectrum of digestive enzymes derived from plants that can help your body maintain healthy digestion of all food types. Proactazyme is an excellent general purpose enzyme supplement containing a spectrum of digestive enzymes derived from plants that can help your body maintain healthy digestion of all food types.

Order Stock Code: 1643

Ideally, we should eat a wholesome healthy diet and use nutritional supplements to fill dietary gaps in order to promote good health and reduce the risk of illness and disease. Nature's Sunshine has the finest range of natural supplements, each manufactured to the highest standards and designed by health experts to provide you with the very best results.

**PROTEIN:** Your body's need for protein is constant. Protein cannot be stored in the body so it is crucial to obtain sufficient amounts of good quality protein every day. **SynerProTein** provides all the essential amino acids your body needs combined with cruciferous vegetables, vitamins, minerals and herbs - It's a powerhouse of nutrition and energy! SynerProTein will help you obtain complete, high quality vegetable protein without the calories, cholesterol and fat of other protein sources. This superb soya protein supplement is dairy free, wheat free, yeast free, gluten free and virtually fat free.

Order Stock Code: Original 2914 - Choc 2905

**ANTIOXIDANTS: Zambroza** is a unique and powerful blend of juices naturally rich in antioxidants and specially formulated to neutralise free radicals. Zambroza, with Mangosteen, will deliver unparalleled antioxidant protection, neutralise free radicals, maintain a healthy immune system and give the body energy and vitality. Not only will you feel revitalised but these antioxidants have a powerful effect on the health of the skin helping you to look great too.

Order Stock Code: Single 4098 - 4 Pack 4099

**PROBIOTICS: Bifidophilus** is a milk-free probiotic supplement. Each enteric coated capsule provides a balance of 3.5 billion beneficial intestinal micro-organisms. Bifidophilus is recommended for daily use to help maintain a healthy balance of friendly bacteria in the intestinal tract. Enteric coated means they release friendly bacteria in the intestine where it is needed, and not the stomach. Order Stock Code: 4100

For further detailed information on Daily Nutrition, and all other products in the Nature's Sunshine range please refer to the Nature's Sunshine Product Guide. Order code 5955 pack of ten. Order code: 5950 single.



[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)



## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products to people in and around London

# Key System Products

### Digestive System PROACTAZYME

Proactazyme is an excellent general purpose enzyme supplement that helps the body by providing important enzymes for the healthy digestive system. Proactazyme contains a spectrum of digestive enzymes derived from plants for all food types.

Order Stock Code: 1643



### Intestinal System BOWEL BUILD

Many health experts agree that the cause of most chronic health concerns is a toxic colon. Bowel Build supplies enzymes, vitamins and nutrients for the healthy digestive system. This formula provides betaine HCl, pepsin and pancreatin.

Order Stock Code: 2857 \*\*



### Circulatory System MEGA-CHEL

Mega-Chel supports the body with 20 essential vitamins & minerals, and contains chelated nutrients that are easy for the body to assimilate. Specifically formulated for the circulatory system and glandular systems, and neutralises free radicals.

Order Stock Code: 1821 \*



### Nervous System NUTRI-CALM

During times of pressure the nervous system uses extra B-complex vitamins and vitamin C. Nutri-Calm provides generous amounts of these nutrients along with the herb chamomile which herbalists recommend for its ability to help the healthy nervous system. Helps settle when life becomes too much of a challenge. Replenishes vitamins that are often depleted in times of stress.

Order Stock Code: 4798



### Immune System DEFENCE MAINTENANCE

Defence Maintenance has been specifically formulated to help nourish the immune system. It contains essential nutrients and includes whole food sources of micronutrients for immune tissue.

This formulation contains many antioxidants, beneficial cruciferous vegetable powders and extra vitamins and minerals.

Order Stock Code: 4700 \*



### Respiratory System FENUGREEK & FENNEL

This is a traditional formula used by nutritionalists for the respiratory system that provides specific nutrients to nourish the lungs. Healthy lung function helps protect the body from seasonal airborne substances. This formula contains only the finest quality herbs available, including: boneset herb, horseradish root, mullein leaves, fennel seeds and fenugreek seeds.

Order Stock Code: 775



### Urinary System JUNIPER & PARSLEY

This combination is a key product designed for the bladder and urinary system. The formula contains herbs used for thousands of years for the urinary tract. It has been specially formulated for the urinary tract, bladder and kidneys. Nourishes the urinary tract.

Order Stock Code: 970 \*



### Glandular System MASTER GLAND

Master Gland has been formulated for the healthy glandular system and provides targeted nutrients to nourish each gland in the body. Master Gland contains essential vitamins and minerals, combined with specific herbs which are rich in easily-absorbed trace minerals.

Order Stock Code: 4701



### Structural System SKELETAL STRENGTH

Skeletal Strength provides nutrients the body uses to manufacture bones, muscles, ligaments, tendons and skin. These nutrients counteract many of the forces that rob the structural system of strength and flexibility when under mechanical stress, and support the body's ability to replenish the blood supply.

Order Stock Code: 1356



*\*Do not take if you are pregnant or likely to become pregnant except on the advice of a doctor or ante-natal clinic.*

*\*\*Contains casearia sagrada. See your health care provider prior to use if you are pregnant or nursing. May cause a reaction in persons allergic to inhaled or ingested psyllium.*

For further detailed information on Key System Products please order the latest Nature's Sunshine Product Guide, order code: 5950. Order code 5955 for a pack of ten.

10

## London Finest Supplements

The website dedicated to supplying the world's **finest wild-crafted and organic** supplements, health and therapy products **to people** in and around **London**



# SILVER SHIELD

**LIQUID & GEL FORMULA WITH AQUA SOL TECHNOLOGY**

## REMARKABLE EFFECTS ON A WIDE RANGE OF SURFACE ORGANISMS

Scientific research is demonstrating that this form of silver has remarkable effects on a wide range of surface organisms. Research indicates that colloidal silver deactivates the enzymes responsible for the metabolism and multiplication of bacteria, fungi and viruses. When tested in the laboratory, colloidal silver was found to be effective on a wide range of surface micro-organisms, viruses, protozoa, amoeba, fungi, and yeasts.

## MAXIMUM BIO-AVAILABILITY AND EFFICIENCY

Made with food-grade ingredients Silver Shield Gel is manufactured with a patented process called Aqua Sol Technology and uses only the finest particle size colloids to ensure maximum bio-availability and efficiency, providing 24ppm of silver in a clear moisturising gel.

Nature's Sunshine uses the very latest technology and cutting edge methods that provide you with only the very best quality silver products. Silver Shield Gel contains no alcohol, and is safe for children.

- **HIGHLY CONCENTRATED BUT NON-TOXIC**
- **POTENT SURFACE GERM BARRIER AND CLEANSER**
- **USE AS A WATER PURIFIER AS WELL AS TOPICALLY**
- **ACTS AS AN EPA-APPROVED SURFACE CLEANSER**



Order stock codes:  
4950 Silver Shield Gel (85g)  
4274 Silver Shield Liquid (118ml) (V)



To Order Please Contact Your Independent Nature's Sunshine Distributor:

Nature's Sunshine was established in USA in 1972 and very quickly became the world's largest manufacturer of vitamins, minerals and phytonutrients, producing and distributing over 700 different products to more than 70 countries worldwide. Nature's Sunshine have led the way in pioneering quality control in the supplement industry, with each raw ingredient undergoing more than 300 different quality control procedures to ensure potency, purity and efficacy. Nature's Sunshine will not compromise on quality. They use only the very best natural ingredients from across the world, and manufacture products in their own state-of-the-art manufacturing facility. Nature's Sunshine's products are manufactured to pharmaceutical standards, and their extensive team of researchers include herbalists, botanists, nutritionists, pharmacists, pharmacologists and pharmacognosists who strive to bring you the best, natural, most effective supplements you can buy.

*Nothing written or portrayed in this publication should be taken as prescription, diagnosis or a substitute for consultation with your GP or health professional.*

HEALTHY LIFESTYLE is produced by Nature's Sunshine Inc UK & Ireland. Unit 5, Hortonwood 32, Telford, Shropshire, TF1 7YL. Tel: 01952 671600  
© Copyright Nature's Sunshine UK & Ireland. This magazine is designed for use by Nature's Sunshine Distributors.

[www.londonfinestsupplements.co.uk](http://www.londonfinestsupplements.co.uk)